

The Inn Breakfast Menu

Served from 7-11.30am Monday-Friday, 8-11.30am on Saturdays & 8-11 am on Sundays

Drinks

Latte/Cappuccino 156/101kcal 4.10, **Espresso/Double Espresso** 6/11kcal 3.05/3.70, **Filter Coffee/Americano/Decaf** 7kcal 3.40
+ Oat & Soya milk available on request 61kcal/41kcal per 100g

Pot of Tea choose from English breakfast, green tea, peppermint, lemon & ginger, Earl Grey or fruit teas 0kcal 3.95

Hot Chocolate milk 227kcal, oat 261kcal, soya, 212kcal 4.45
+ add whipped cream 0.35, 30kcal, add marshmallows 0.35, 35kcal or both 0.65, 65kcal

Orange Juice 90kcal **Apple Juice** 88kcal 3.80

Mimosa / Bloody Mary 6.95/7.80

Chef Recommends

The Full Inn-lish Cumberland sausage ring, grilled tomato, mushroom, back bacon, fried egg, hash brown, baked beans & white, brown or NGCI toast 1004kcal 14.50
+ add black pudding 151kcal 2.65

The Full Veggie plant-based sausages, grilled tomato, mushroom, baked beans, hash browns, fried egg & white or brown toast 644kcal 14.50

The Full Vegan plant-based sausages, grilled tomato, mushroom, baked beans, hash browns & smashed avocado on sourdough toast 724kcal 14.50

The Full NGCI English NGCI sausages, grilled tomato, mushroom, back bacon, fried egg, hash brown, baked beans & NGCI toast 1102kcal 14.50

Breakfast Extras bacon x2 89kcal 2.65 / smoked salmon 147kcal 4.95 / hash brown 89kcal 1.45 / egg 119kcal 1.00 / mushroom 6kcal 2.10 / avocado 133kcal 2.95 / baked beans 60kcal 1.65 / black pudding 151kcal 2.65 / Cumberland sausage ring 467kcal 5.25 / NGCI sausage 277kcal 2.50

Eggs Benedict toasted English muffin, poached eggs, home-cooked thick-cut ham, Hollandaise 697kcal 12.95

Eggs Royale toasted English muffin, poached eggs, delicious smoked salmon, Hollandaise 630kcal 14.75

Eggs Florentine toasted English muffin, poached eggs, wilted spinach, Hollandaise 482kcal 12.75

Smashed Avocado & Feta On Toast roasted cherry tomatoes, rocket & basil dressing 626kcal 12.50
+ add smoked salmon 147kcal 4.95, add bacon x2 89kcal 2.65

Scrambled Eggs & Smoked Salmon On Toast 655kcal 12.95

Brioche Breakfast Bap back bacon 451kcal or Cumberland sausage ring 794kcal or both 866kcal 6.75 / 7.50 / 8.50
+ add an egg 119kcal for 1.00

Back Bacon & Cheese Croissant freshly-baked croissant filled with bacon & cheese 433kcal 6.25

Mushroom & Cheese Croissant field mushroom & cheddar cheese in a freshly-baked croissant 325kcal 6.25

Pancake Stack or Belgian Waffles Topped With:

Fresh Berries, Greek-style Yoghurt & Honey 409/837kcal 9.50

Maple-flavoured Syrup 440/823kcal 8.95

Bacon & Maple-flavoured Syrup 529/957kcal 10.50

Other Tasty Things

Porridge With Banana & Honey 374kcal 7.50

Greek-style Yoghurt, Granola & Fresh Berries topped with honey 307kcal 7.50

Rack of Toast served with butter 281kcal & your choice of preserves 4.75